#### **Individual Risk Assessment EXAMPLE**

Service User Name: John Smith

Florence House

#### **Present**

Jacqueline Smith H/M
John Jones DHM
Peter White Trainer
Janice Brown Trainer

**Date** 04/09/20

## **ISSUE**

The risk of John exhibiting challenging behaviour (towards others & trainer) during rebound sessions.

## **Service Users view**

John enjoys his rebounding sessions but due to learning disability does not fully understand the effect of his behaviour on others, so cannot effectively contribute to this exercise.

It was agreed that as potential benefits outweighs harm; risk would be taken and for John to continue attending sessions.

## POTENTIAL BENEFIT

Please see enclosed

# **POTENTIAL HARM**

Exhibiting challenging behaviour towards others i.e., slapping, pushing & pulling hair.

# TO MAKE THINGS SAFE

- John to be made aware of day of the week and planned activity.
- Staff where possible to assess mood.
- Shift leader on receiving of handover to check previous days notes/report; which sometimes relate to current situation.
- Where John is agitated, banging chin, attempting to hit others or being very demanding without any just cause, then his session should be cancelled.
   Safety could be put at risk if John is allowed to proceed to his session in the bus.
- Staff to respect and acknowledge his consent to participate or not to participate.
- When he is non-compliant, he is not to be forced to engage in activity.
- Trainer and staff to encourage John to proceed to identified mini trampoline independently.
- Trainer to use a different mini trampoline so as to maintain distance.
- John to be supervised at all times by home staff.
- All staff involved to be aware of potential risk

• Session to be stopped at the onset of any visible sign of aggression or discomfort, where John can be distracted until he is ready to continue

## OTHER OPTIONS OR TRAINING EXPLORED

- Trainers have now been made aware of potential risk.
- Decided that trainer and John do not have to be on the same mini trampoline whist activity is been carried out.
- All staff and Trainer to be fully aware of John's means of communication and his lack of empathy due to autism towards others. As he can be very impatient and cannot recognise and acknowledge others personal space.
- John is now fully aware of boundaries set where by his going home every fortnight is now negotiated on a weekly basis depending on his behaviour. (reward system)

COPIES SENT TO: File Trainer (mini trampoline) Care Manager	
<b>REVIEW</b> 04/09/21 or if an incident occurs	
SIGNED Jacqueline Smith (Manager)  Peter White (Trainer)	
REVIEW	
Date	Date
Signed	Signed